

reveal challenge #3

A JOURNEY Home



1 Fill in all the blanks

I like to be seen as:

the funniest guy in the room, having high capacity, a good dad.

People would describe me as:

party planner, hard to get to know, hipster

If I had a personal “brand” it would be:

natural leader, the friend everyone wants around, adventure guy

2 Fill in at least three with someone’s name

I want _____ to know that I’m good enough.

I have a really hard time if _____ criticizes me.

I feel good when I impress _____

I get frustrated when _____ doesn’t notice the work I do.

I feel like I’m constantly having to prove myself to _____

I want to make sure _____ is paying attention to me.

I care a lot about what _____ thinks of me.

my weekly challenge

Choose One:

This week, I'm going to take a break from striving for approval from:

And trust that God has new things to teach me about who I am.

Or:

This week, I'm going to let go of protecting my image as:

And trust that God has new things to teach me about who I am.

Pay attention to what's been happening this week as you take a break from seeking approval or protecting an image.

how's it going?
